



# MEADGATE PRIMARY SCHOOL

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Executive Headteacher: Mr. J. J. Figg

28<sup>th</sup> November 2025

Dear Parents/Carers,

## Get in the Swim – Reception Class Swimming Lessons

From January 2026 Reception pupils have the opportunity to take part in swimming lessons. These are taught by 'Get in the Swim' who use qualified swimming teachers and lifeguards. The lessons will be in groups of no more than ten children at a time. Each lesson will last for approximately twenty minutes.

The swimming lessons for the spring term will be from Monday 12<sup>th</sup> January to Friday 27<sup>th</sup> March 2026 (excluding the half term holiday). Reception class will be swimming on Thursday afternoons.

The total cost for swimming lessons in the spring term will be **£51**, this includes the 'Get in the Swim' cost of £4.50 per lesson, staffing costs and an administration fee. This is to be paid by **Monday 5th January 2026** through our online payment system Arbor Pay.

**If you have not paid by this date your child(ren) will not be permitted to take part in the lessons.**

Please ensure that on your child's allocated day they bring in swimming costume/trunks, swimming hat and a towel. **On the first swimming lesson your child will be provided with a swimming hat.** The girls swimming costume should be a one piece costume and the boys trunks must be above the knee and preferably similar to cycle shorts. Children are welcome to wear goggles which are of a good fit – the lenses part must NOT sit on the soft part of the eyes and should stick on the face without the strap on the head, this will show that these are suitable for your child. Poorly fitting goggles can lead to permanent eye damage.

As part of these lessons, we want to ensure that all participants receive the best possible instruction to enhance their swimming skills. To facilitate this, we would like to explain some important aspects of the sessions.

By allowing your child to take part in these lessons, you are giving your consent for Get in the Swim qualified swimming instructors to provide gentle and appropriate contact when necessary. This may include guiding students to help them improve their techniques and confidence in the water.

Get in the Swim's instructors are trained in first aid and will assist in any medical situations that may arise during the lesson.

We recognise that some children may have additional needs or medical conditions that require special consideration. By sharing appropriate information and allowing staff to inform the swim school of any requirements, we can ensure a safe and supportive environment for all participants.

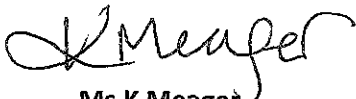
If you agree to the terms outlined in the information and wish for your child to take part in swimming lessons please sign the consent form and return to the school office.

If there are any changes to your child's medical record we kindly ask you to inform the school.

Thank you for your cooperation in keeping our records accurate and ensuring all pupils can take part safely.

If you have any questions please ask your child's class teacher or the office staff.

Yours faithfully



**Ms K Meager**  
**Head of School**

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**Get in the Swim Spring Term 2026 – Reception Class**

Name of Child: ..... Year Group .....

- I have paid £51 online via our online payment system Arbor Pay.
- I give my consent for Get in the Swim staff to administer first aid as necessary.
- I give my consent for Get in the Swim swimming instructors to provide gentle and appropriate contact when necessary.
- I give my consent for school staff to share appropriate information regarding any additional needs or conditions my child has which might help swim staff ensure they are able to create a safe and supportive environment for my child to learn in.

They are able to swim ..... m unaided. Signed: .....