



## Explore Time! Bingo Board








WB 11.01.20

Here's your 'Explore Time! Bingo Board' for this week. Use this to help you explore at home, like we would in school during our 'Continuous Provision' element of Reception. Please choose **at least 2** activities each day and see if you can complete the learning rainbow (see page 2) over the week. You don't need to complete every activity on this board but you can if you want to. Just like in school, this is your time to learn through your play and use what you know in a way that works for you. I'd like you to record what you did during your explore time in some way so that you can share it with me e.g. take a photo/video, draw a picture or write something down.

<b>Expressive Arts and Design</b> Draw or paint a picture of someone that is special to you. Use different colours for this picture; thinking carefully about the colours you choose. Tell me who your picture is of and why you have chosen these colours.	<b>Physical Development</b> Practise throwing and catching a large ball with a family member. Remember to challenge yourself by moving further away or finding a smaller ball if it's too easy.	<b>Literacy</b> Login to your new Active Learn account and choose a book to read in the Bug Club area. Click on any bugs you see in your book to answer the questions and select one of the faces at the end to rate your book. <i>Login details have been sent on Tapestry.</i>	<b>Maths</b> Login to your new Active Learn account and choose a game to play in the Abacus area. If you win any coins, you might be able to spend them at the tree house! <i>Login details have been sent on Tapestry.</i>	<b>Expressive Arts and Design</b> Play with some small world toys you have at home e.g. animals/people/characters. You could invite a family member to join you. <i>Grown-ups: watch to see if your child introduces a storyline to their play and let me know if they do!</i>
<b>Communication and Language</b> Play 'Simon Says' to practise your listening skills.  How to: one player takes the role of "Simon" and issues instructions (usually physical actions such as "jump in the air" or "stick out your tongue") to the other players, which should be followed only when started with the phrase "Simon says".	<b>Physical Development</b> Practise forming all the learnt letter sounds in lower case, using an alternative writing surface e.g. in a tray of flour, salt or sugar. Grown-ups: watch to see that your child starts at the top (except for d and e) and moves in an anticlockwise direction	<b>Understanding the World</b> Watch the video below for inspiration and then think about yourself and someone else you know well e.g. your brother/cousin/best friend etc. What is the same/similar about the two of you and what is different? Remember: our differences are what make the world such a wonderful place to be! ☺ <a href="https://www.bbc.co.uk/cbeebies/grownups/ever-yones-welcome">https://www.bbc.co.uk/cbeebies/grownups/ever-yones-welcome</a>	<b>Personal, Social and Emotional Development</b> Create an 'I'm special, I'm me!' poster. Draw or stick a picture of you in the middle of a piece of paper. Then, using catalogues/magazines/pictures from online cut out pictures/draw and label all the things that make you special and unique e.g. favourite toys/hobbies/foods etc..	<b>Expressive Arts and Design</b> Do you have any instruments at home? If you do, can you explore what they sound like? If you have more than one, how are they different? If you don't, (or for an extra challenge), try and make one! Here's one idea: <a href="https://www.activityvillage.co.uk/homemade-instruments-shaker">https://www.activityvillage.co.uk/homemade-instruments-shaker</a>
<b>Understanding the World</b> Take some paper and a crayon or piece of chalk out with you on your next walk. While you're out, what different patterns do you notice e.g. on trees/bricks etc.? Can you make any interesting patterns by taking rubbings?	<b>Maths</b> Try out the 'Winter Addition' worksheet on the class page. For a challenge, write the full number sentence under each problem.	<b>Physical Development</b> Discuss with a grown up why it is important to eat different types of food. What foods do you think are healthy? Draw pictures and/or write words to make two lists; one of some healthy foods and another of those that we should just eat sometimes	<b>Communication and Language</b> If you have the book 'You Choose' or something similar, look through it together, allowing your child time to explain what they would choose and why. <i>I've put a couple of pictures from the book on the class page as examples.</i>	<b>Literacy</b> Option 1 – Practise writing your name in lots of different ways Option 2 - If you are already confident with your name, copy and finish this sentence: My name is _____ and I like _____.

## **Our Learning Rainbow**

The seven colours of this rainbow correspond with the seven areas of learning (AoL) for the Early Years Foundation Stage (EYFS).  
When you complete an activity above, check which AoL you have covered and tick off the matching colour on the rainbow below. Try to tick off all seven colours by the end of the week if you can 😊

	Communication and Language
	Physical Development
	Personal, Social and Emotional Development
	Literacy
	Mathematics
	Understanding the World
	Expressive Arts and Design

