**Family Solutions**

**Call the 0345 603 7627 and ask for the CHILDREN & FAMILIES HUB**

**Kids Inspire**

Head Office Address:

Hargrave House, Molrams Lane,

Great Baddow,

Chelmsford, Essex

CM2 7TL

**01245 348707**

Email: [admin@kidsinspire.org.uk](mailto:admin@kidsinspire.org.uk)

**Digital Parent Support Service**

**Free parent helpline: 0808 802 0222**

Email: [NDPSS@family-action.org.uk](mailto:NDPSS@family-action.org.uk)

**Families InFocus**

**01245 353575**

**Health Drop in sessions**

**01245 283396**

**Range of workshops that also cover general physical and emotional health problems and parenting concerns**

**SNAP**

**Helpline:** [**familyteam@snapcharity.org**](mailto:familyteam@snapcharity.org) **SNAP Helpline: 01277 211300**

**General Enquiries:** [**info@snapcharity.org**](mailto:info@snapcharity.org)