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| **Circuits/Sports Day** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they run at fast, medium and slow speeds?
* Can they link running and jumping activities?
* Can they make up and repeat a short sequence of linked jumps?
* Can they take part in a relay activity, remembering when to run and what to do?
* Do they throw a variety of objects?
 | * Can they copy actions?
* Can they repeat actions and skills?

Can they move with control and care? | * Can they talk about what they have done?
* Can they describe what other people did?
 | * Can they describe how their body feels before, during and after an activity?
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