|  |  |  |  |
| --- | --- | --- | --- |
| **Dance** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they compose their own dances in a creative and imaginative way? * Can they perform to an accompaniment, expressively and sensitively? * Are their movements controlled? * Does their dance show clarity, fluency, accuracy and consistency? | * Can they link skills, techniques and ideas and apply them accurately and appropriately? * Do they show good control in their movements? | * Can they compare and comment on skills, techniques and ideas that they and others have used? * Can they use their observations to improve their work? | * Can they explain some important safety principles when preparing for exercise? * Can they explain what effect exercise has on their body? * Can they explain why exercise is important? |