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| **Dance** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they dance imaginatively? * Can they change rhythm, speed, level and direction? * Can they dance with control and co-ordination? * Can they make a sequence by linking sections together? * Can they link some movements to show a mood or feeling? | * Can they copy and remember actions? * Can they repeat and explore actions with control and coordination? | * Can they talk about what is different between what they did and what someone else did? * Can they say how they could improve? | * Can they show how to exercise safely? * Can they describe how their body feels during different activities? * Can they explain what their body needs to keep healthy? |