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| **Hockey/Creative Skills** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they hold a hockey stick correctly, choosing the correct side to use at all times?
* Can they play a simple push pass to another teammate?
* Can they dribble the ball by keeping it close to them?
* Can they understand the importance of rules in Games?
* Can they use at least one defending or attacking technique successfully?
* Can they perform learnt skills with increasing control?
 | * Can they select and use the most appropriate skills, actions or ideas?
* Can they move and use actions with co-ordination and control?
 | * Can they explain how their work is similar and different from that of others?
* With help, do they recognise how performances could be improved?
 | * Can they explain why it is important to warm-up?

Can they identify some muscle groups used in gymnastic activities? |