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| **Dance** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they dance imaginatively?
* Can they change rhythm, speed, level and direction?
* Can they dance with control and co-ordination?
* Can they make a sequence by linking sections together?
* Can they link some movements to show a mood or feeling?
 | * Can they copy and remember actions?
* Can they repeat and explore actions with control and coordination?
 | * Can they talk about what is different between what they did and what someone else did?
* Can they say how they could improve?
 | * Can they show how to exercise safely?
* Can they describe how their body feels during different activities?
* Can they explain what their body needs to keep healthy?
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| **Learning Objectives** | **Activities** | **Learning Outcomes and AFL** |
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