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| **Gymnastics** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they make their body tense, relaxed, curled and stretched?
* Can they control their body when travelling?
* Can they control their body when balancing?
* Can they copy sequences and repeat them?
* Can they roll in different ways?
* Can they travel in different ways?
* Can they balance in different ways?
* Can they climb safely?
* Can they stretch in different ways?
* Can they curl in different ways?
 | * Can they copy actions?
* Can they repeat actions and skills?
* Can they move with control and care?
 | * Can they talk about what they have done?
* Can they describe what other people did?
 | * Can they describe how their body feels before, during and after an activity?
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