|  |  |  |  |
| --- | --- | --- | --- |
| **Rugby/Football** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they gain possession by working as a team?
* Can they pass in different ways?
* Can they choose the best tactics for attacking and defending?
* Can they use a number of techniques to pass, dribble and shoot?
* Can they explain why possession is important during a game?
 | * Can they link skills, techniques and ideas and apply them accurately and appropriately?
* Do they show good control in their movements?
 | * Can they compare and comment on skills, techniques and ideas that they and others have used?
* Can they use their observations to improve their work?
 | * Can they explain some important safety principles when preparing for exercise?
* Can they explain what effect exercise has on their body?

Can they explain why exercise is important? |