|  |  |  |  |
| --- | --- | --- | --- |
| **Rugby/Football** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they throw and catch with control when under limited pressure? * Are they aware of space and use it to support team-mates and cause problems for the opposition? * Do they know and use rules fairly to keep games going? * Can they keep possession with some success when using equipment that is not used for throwing and catching skills? * Can they begin to understand the concept of marking? | * Can they select and use the most appropriate skills, actions or ideas? * Can they move and use actions with co-ordination and control? | * Can they explain how their work is similar and different from that of others? * With help, do they recognise how performances could be improved? | * Can they explain why it is important to warm-up? * Can they identify some muscle groups used in gymnastic activities? |