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| **Rugby/Football** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
|  * Can they use hitting, kicking and/or rolling in a game?
* Can they stay in a ‘zone’ during a game?
* Can they decide where the best place to be is during a game?
* Can they use one tactic in a game?
* Can they follow rules?

Can they dodge other players? | * Can they copy actions?
* Can they repeat actions and skills?
* Can they move with control and care?
 | * Can they talk about what they have done?
* Can they describe what other people did?
 | * Can they describe how their body feels before, during and after an activity?
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