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| **Rugby/Football** | **Acquiring and Developing Skills** | **Evaluating and Improving** | **Health and Fitness** |
| * Can they move and stop safely?
* Can they catch with both hands?
* Can they throw in different ways?
* Can they kick in different ways?

Can they throw underarm? | * Can they copy actions?
* Can they repeat actions and skills?
* Can they move with control and care?
 | * Can they talk about what they have done?
* Can they describe what other people did?
 | * Can they describe how their body feels before, during and after an activity?
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