

Get ready to be a Tudor with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Tudor England Day. To help you feel like a Tudor from the time period, we recommend you put together a simple costume. Looking like a Tudor will help you feel like a Tudor. Costumes do not have to be fancy – you can do a lot with clothes you already have! Here are some ideas:



Girls' Costume

Smock: This can be a plain shirt with a large collar.

Kirtle: Use a long, preferably plain, skirt.

Bodice: A man's plain waistcoat will do if you have one. Or you could wear a long, plain dress with a belt or cord tie.

Apron: Preferably plain white. You could attach a rectangle of white material to a tie (without gathers or pockets.) The tie could be a belt or cord tie, or a plaited wool tie.

Shoes: Any flat, sturdy shoes will work.

Coif: This is a cover for your head. A triangle of white material tied around the head to hide the hair. The long ends are tied over the hanging point, which is then tucked over the knot

Boys' Costume

Smock: This can be a large plain shirt with a large collar and a belt or cord around the waist.

Doublet: You could add a plain waistcoat, if you have one, as a doublet.

Hose: Tuck plain, dark, baggy trousers (such as track-suit bottoms) into long socks.

Shoes: Any flat, sturdy shoes will work.

Please do not come dressed as a specific person.



Need costume help? You can see examples of simple costumes or order from our costume shop:
www.historyoffthepeg.co.uk