

# Get ready to be a Saxon/Viking with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Saxon/Viking Britain Day. To help you feel like a Saxon or a Viking in 878 AD, there are two things you can do to get ready:

## 1. Choose a Name

Please pick a name for yourself from the lists below:

**Girls' Saxon names:** Agatha, Agnes, Ailred, Beadohild, Cuthberg, Eadburg, Edith, Emma, Frythegith, Gytha, Hilda, Hildeberg, Hildegard, Inga, Leofrun, Mathilda, Mildrith, Nothgyth, Osthyrth, Raenmaeld, Ricola, Rymenhild, Sachild, Siflaed, Wihtburg, Wulwaru, Wulfwyn, Ymma

**Girls' Viking names:** Abi, Asa, Aud, Astrid, Bjorg, Dalla, Dotta, Estrid, Freydis, Frida, Gerd, Grima, Gudrid, Gunnhild, Gyda, Halla, Hallgrim, Helga, Hildirid, Ingirid, Ingunn, Isgerd, Luta, Katla, Olof, Oak, Ragna, Signy, Sigrid, Thora, Thordis, Thorunn, Tofa, Tola, Una

**Boys' Saxon names:** Aefic, Aidan, Aldred, Aldwine, Alfred, Baldric, Baldwulf, Beocca, Cenwulf, Colinan, Cumbra, Cuthbert, Draca, Dunstan, Eadmund, Eadwig, Edgar, Edward, Edwin, Framric, Gadd, Garwulf, Godric, Godrum, Harold, Heathwulf, Ida, Ingild, Leofric, Osgood, Osric, Oswald, Raedmund, Raedwulf, Selred, Theobald, Tobias, Ulf, Wigmund, Wilfred, Winfred, Wulf

**Boys' Viking names:** Alf, Alrik, Aron, Bjorn, Bork, Dag, Eirik, Fargrim, Grim, Grimwald, Gunnar, Hadd, Halldor, Hamund, Harold, Ingolf, Ivar, Jon, Jorund, Karl, Knut, Leif, Lodin, Mar, Odd, Olaf, Orrin, Seigemund, Svan, Thorfast, Thorfinn, Thormod, Ulfggrim, Valgard, Wengo

## 2. Assemble a Costume

Looking like a Saxon or Viking will help you feel the part. Costumes do not have to be fancy – you can do a lot with clothes you already have! Here are some ideas:

**Tunic or dress:** This can be a simple dress for girls or a large T-shirt for boys and girls. Boys can tie a cord around their waist as a belt.

**Cloak:** A large piece of fabric fastened on the right shoulder with a brooch can be used for boys or girls.

**Trousers (boys):** They can be tucked into long socks or fastened with string or braid crossed around the lower legs.

**Headscarf (girls):** A bit of fabric to cover the head.



*Please do not come dressed as a specific person. Please do not bring weapons, shields or helmets.*

Need costume help? You can see examples of simple costumes or order from our costume shop:  
[www.historyoffthepeg.co.uk](http://www.historyoffthepeg.co.uk)