

Bikeability Interest Request - Level 1 / 2

Your child has the opportunity to take part in Bikeability training. The majority of this training takes place on local roads.

Bikeability is the Government's national cycle training programme based on the National Standard for Cycle Training. Cycling is a life skill with many benefits: it encourages independent mobility, is great for the environment, and improves physical and mental health. Bikeability builds the skills and confidence of people who can already ride and prepares them for a lifetime of cycling. Evidence shows Bikeability helps more people cycle, more safely, more often.

Bikeability is funded by the Department for Transport and Transport for London, and is delivered by trained, professional and DBS-checked Bikeability instructors.

Bikeability trains riders to make independent decisions and practice safe and responsible cycling.

To find out more information click below.

<https://bikeability.org.uk/bikeability-training/get-ready/>

FURTHER INFORMATION FOR PARENTS. In response to the current COVID-19 we have prepared an additional Risk Assessment in conjunction with the school, which the school will share with you should you have any concerns. The course starts in a playground or similar off-road environment and will progress to local roads. If your child doesn't reach the requirements in the Level 1 section of the course (the ability to ride in a straight line whilst looking behind or riding with one hand) we will not be able to take them out on the road. The course aims to develop the children's confidence to cope with cycling in traffic with the minimum risk. It will only give your child a basic level of cycling competence on which they will need to build and should not be regarded as a guarantee of their safety.

Each child will be continually assessed and will all receive a booklet, badge and certificate.

Bikeability places are limited and places will be booked on a first come basis. Please complete the form below; the school will let you know in due course.

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Bikeability Interest - Level 1 & 2

I would like to put my child's name forward for cycle training.

Name of Child Class