

Get ready to be an Ancient Greek with History Off the Page!

Very soon History Off the Page will visit your school for a Life in Ancient Greece Day. To help you feel like a Greek, there are two things you can do to get ready:

1. Choose a Name

Please pick a name for yourself from the lists below:

Girls' names: Ada, Agape, Agathé, Althea, Athena, Alexandra, Barbara, Calypso, Chloë, Cilla, Demetria, Doris, Dorothea, Electra, Eunice, Harmonia, Hermione, Hippolyta, Iola, Irene, Iris, Isadora, Lois, Lyra, Megacra, Niko, Olympias, Panora, Penelope, Persephone, Phoebe, Phyllis, Rhea, Rhoda, Sophia, Thelma, Theresa, Timandra, Zoe

Boys' names: Abantes, Alypius, Alexander, Artemios, Atlas, Bacchios, Carpus, Cronos, Cylon, Cyrenios, Daedalos, Damian, Davos, Deon, Dionysos, Dorian, Epicurus, Evios, Gallus, Gelo, Hektor, Helenos, Hermon, Herodes, Icarus, Idas, Kallinos, Lagos, Leo, Leonidas, Lycomedes, Odysseus, Orion, Orcus, Paris, Proetus, Sebastos, Sippas, Sisyphus, Tereus, Theodoros, Timon, Timotheus, Xanthos, Zuthos, Zagreus

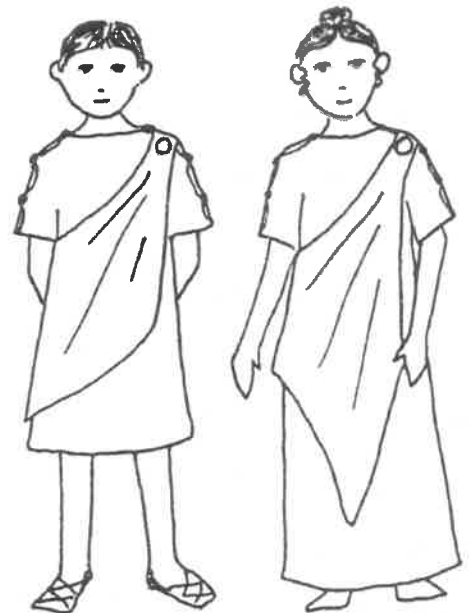
2. Assemble a Costume

Looking like an Ancient Greek will help make you feel like an Ancient Greek. Costumes do not have to be fancy – you can do a lot with a large white T-shirt! Here are some ideas:

Tunic for boys/Chiton for girls: This can be a simple white dress for girls or a large white T-shirt for boys and girls. You can also make one from a pillowcase, or even an old sheet: fold it over, stitch up the sides and cut a hole in top for your head. Boys can wear with a belt, cord or sash around the waist, while girls may wear with a simple thin apron.

Himation: Fasten a rectangle of coloured cloth with a brooch or button on the left shoulder.

Please do not come dressed as a specific person, as all the children will be workers in the Agora in the morning.



Need costume help? You can see examples of simple costumes or order from our costume shop:
www.historyoffthepeg.co.uk