



MEADGATE PRIMARY SCHOOL

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8th May 2018

Dear Parents/Carers

We are writing to let you know that after half term we will be beginning our P.S.H.E. topic of 'Changing Me' in line with forthcoming government expectations. This will include age-appropriate sex education in-line with our P.S.H.E. Jigsaw Scheme. All teaching will be undertaken sensitively by class teachers or the school nurse.

Many parents appreciate knowing in advance when the following curriculum content is to be covered and some will no doubt wish to use this opportunity for further discussion at home. The table below shows an overview of what will be covered by each year group.

	Physical Development	Emotional Development
Y1	I can talk about how my body has changed since I was a baby and can identify different parts of my body.	I can understand that growing up is natural and that everybody grows at different rates. I respect my body and understand which parts are private.
Y2	I can tell you about the natural process of growing from young to old and recognise the physical differences between boys and girls, using the correct names for parts of the body.	I understand there are different types of touch and can say which ones I like and don't like. I appreciate that some parts of my body are private.
Y3	I can understand how babies grow and develop in the mother's uterus and that boys' and girls' bodies need to change so that their bodies can make babies when they are adults.	I can express how I might feel if there was a new baby in my family and can talk about how I feel about body changes.
Y4	I understand that my personal characteristics have come from my birth parents because I am made from the joining of their egg and sperm. I can correctly label the parts of male and female bodies that are necessary for making a baby. I can identify the basic facts of menstruation.	I understand that having a baby is a personal choice and can express how I feel about having children when I am an adult.
Y5	I am aware of my own self-image and how my own body image fits into that. I can explain how a girls' and boys' body changes during puberty and understand that sexual intercourse can lead to conception.	I know how to develop my own self-esteem. I understand that puberty is a natural process that happens to everybody. I can express how I feel about the changes that will happen to me during puberty.
Y6	I can ask the questions I need answered about changes during puberty and can describe how a baby develops from conception, through the nine months of pregnancy and how it is born.	I can express how I feel about becoming a teenager and understand that becoming a teenager brings growing responsibilities.

We consider this to be a vital part of your child's education, but you should be aware that you have the right to withdraw your child. If you wish to exercise this right would you please let you child's class teacher know, in writing, before Thursday 24th May. If this is the case, your child will be supervised elsewhere in the school.

In addition, KS1 and Reception pupils will be taking part in an assembly, led by Mrs Francis, using the NSPCC Pantosaurus resources. 'Talking PANTS' teaches children important messages, like their body belongs to them and they should tell an adult if they're upset or worried. If you are interested in the resources being used or the messages given in the assembly, please Google 'Pantosaurus' and visit the NSPCC site

We would welcome any parent who wishes to come into the school to look at the resources that will be used or ask questions. Please speak to the office if you would like to do this.

Yours sincerely,

A handwritten signature in black ink, appearing to read 'J Francis', with a stylized flourish at the beginning.

Mrs J Francis
PSHE Subject Leader